# **Advances in Hair Loss Treatments**

## **Overview**

Hair loss can be very frustrating. When you are coping with this condition, you might feel like you will need to invest in wigs or hide your hair under a hat all day long. But what if you could actually prevent hair loss or halt it in your tracks? This is the dream of many people who are dealing with hair loss and who are worried about the future.



About 1/3 of women experience hair loss

in their lifetime, while men might experience hair loss as early as middle school. This means that a large portion of the population is struggling with hair loss or will eventually grapple with this problem in the future. Hair loss treatment has come a long way in the last ten years, which means that there is hope for those struggling with hair loss.

#### New Treatments for Hair Loss

#### Robotic Hair Transplant

While hair transplant is not a new treatment for hair loss, using robotic surgery to deliver this hair loss treatment is. Robotic surgery is much more accurate, and it is consistently linked with improved healing times and precise placing of hair transplants. There is low donor graft wastage when using robotic surgical precision. You will have less scarring with this surgery as well, which increases donor success.

#### Stem Cell Therapy

Stem cell therapy shows promise for various kinds of surgeries and treatments. Hair loss is no exception. This is still a little bit of an experimental treatment, but stem cells can help halt hair loss without invasive treatment. There is less scalp inflammation, and this treatment also provides lasting results. Stem cell therapy is still a costly treatment, however, and it will not be available everywhere. This treatment is also connected with some risk of scarring.

#### Plasma Therapy

PRP therapy is not new. It is used for all kinds of soft tissue injuries in athletes and can be utilized to help heal tendon injuries and other sports-related injuries. In this treatment model, your own blood is drawn and then injected into the balding areas to help rejuvenate and heal the scalp. This treatment process helps reduce balding in those with early-onset hair loss, but it has not been shown to be as effective for long-term baldness. This treatment also varies in efficacy based on each unique case, which can lead to this being a treatment plan that is lower on the list than some other choices.

#### QR 678

This non-surgical hair regrowth treatment is used to stop hair loss and "feed" existing hair follicles to keep them from dying off. This treatment is done with a hair regrowth product that seems to prolong the anagen growth phase of the hair. This is a new treatment method that needs some more study but has been shown to be effective in both female and male hair loss. Best of all, this is a plant-based product which means that it is safer and not associated with some of the risks and side effects of other more traditional treatment methods.

### Treating Hair Loss is Easier Than Ever

Treating hair loss for both men and women has never been easier. There is an array of traditional treatment methods that you can access, but there are also some really exciting new treatments that you can elect to try if you are interested in halting your hair loss and promoting new hair growth. Being spared the struggle of hiding your hair loss or the disappointment of failed treatments is easy when you choose from these options to help generate a hair loss management plan that really works.