

Laser Hair Reduction

Overview

If you're tired of routinely shaving, waxing, or plucking your unwanted hair, you may want to consider laser hair reduction. One of the most common cosmetic procedures performed by board-certified dermatologists.



What is Laser Hair Reduction?

Laser hair reduction is a standard cosmetic procedure performed by dermatologists. It consists of a series of treatments over the course of several months that make use of light to target and kill hair follicles.

Laser hair reduction is a non-surgical procedure that is semi-permanent in nature. As hair grows in cycles, repeated sessions are necessary to reduce your hair growth significantly. However, it's important to note that laser hair reduction will not remove

all your hair permanently. Maintenance, i.e., shaving, is required to remain hair-free.

Who is Laser Hair Reduction For?

Laser hair reduction works best on hair that's darker in color and coarse and on a lighter skin tone as the light targets pigment in the hair follicle. It can be used to remove unwanted hair on your:

- face
- upper lip
- underarms
- bikini line
- legs
- back
- neck
- chest

Laser Hair Reduction is Safe When Performed by a Board-Certified Dermatologist

Before a laser hair reduction treatment, your dermatologist will conduct a thorough evaluation of your overall health, including any medications you currently take.

Plucking or waxing your hair is to be avoided six weeks before your procedure—shaving is allowed.

During the laser hair reduction procedure, your skin will be cleansed, and you will be required to wear eye protection. A cooling gel is applied before the process can begin. The laser is passed over your skin and removes your hair by heating it up and killing

the follicle.

Multiple sessions are required over the course of several months before a marked decrease in hair can be seen.