

Blepharoplasty (Eyelid Surgery)

Overview

If you live with droopy eyelids, you are likely aware of how problematic it can be. What you may not have known, however, is that there's a surgical remedy that can fix the problem. This procedure is known as blepharoplasty.

What is Blepharoplasty?

Blepharoplasty is the name of a procedure performed in plastic surgery to repair droopy eyelids. Blepharoplasty could involve several things, including removing unwanted skin, removing fat, or excising muscle that's causing the droopy eyelids.

Droopy eyelids happen because when you get older, the muscles in your face and eyes get weaker and cannot support the weight of your eyelids. While this is happening, excess fat is gathering in the bags beneath your eyebrows and eyelids. Slight drooping is normal as you age, but excessive drooping can be a problem. Whether your problem is small or extreme, there's no reason why you have to feel self-conscious about your eyelids.



Do I need a Blepharoplasty?

Aside from the cosmetic reasons for getting blepharoplasty, there are other reasons to get one. If the sagging beneath your eyelids and eyebrows becomes too severe, it can impair your peripheral vision.

Sagging and drooping eyelids can also make you appear tired or inattentive, even if this isn't the case. If you're tired of people assuming you're too tired to do something or don't care what they're saying, a blepharoplasty might be for you. Here are some physical ways to know if you need a blepharoplasty.

- Excessively baggy or droopy upper eyelids that are impairing your vision or making you feel self-conscious
- Extra skin above and around your eyelids is impairing your peripheral vision
- Too much skin or droopiness in your lower eyelids and they make you appear old or tired
- Self-conscious about bags under your eyes

What are the risks of Blepharoplasty?

While blepharoplasty is a relatively minor surgery, all surgeries have risks. Because the operation will focus on the area around your eyes, the risks are slightly amplified. Here are some of the possible ramifications of blepharoplasty

- Infection of the eyes or surgical site
- Dry eyes
- You may have trouble closing your eyes for a while
- Noticeable scarring unless you choose us to perform your surgery
- Slight discoloration of the skin at the surgical site
- Temporarily blurred vision or possible blindness if the surgery goes awry

The risks are minimal, and most procedures are successful without complications.

What to expect during a blepharoplasty

Most blepharoplasty procedures are done in an outpatient setting where you can go home on the day of surgery. Your surgeon will make a tiny incision above or below the eye, depending on where the problem is located, and remove excess fat, skin, and muscle. Your surgeon will then close the cut, and the operation is complete.

Blepharoplasties are one of the safest and most problem-free plastic surgery operations. They can help you see better, feel better about yourself, and look younger than ever. Reach out to a board-certified plastic surgeon to learn more about this procedure.