

# Genioplasty (Chin Augmentation)

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## Overview

Having a well-defined jaw and chin structure can add to a person's facial symmetry. By undergoing chin implants or chin augmentation surgery, anybody can achieve a symmetrical chin which can improve the physical looks of a person.



## What is Chin Augmentation?

Chin augmentation is a medical procedure also known as genioplasty. The goal behind this type of surgery is to place an implant on a person's existing chin to change the size and appearance of the chin. This can tremendously help achieve balance and symmetry among facial features. It can also help people who have damaged or weak chins.

People who have a double chin can also benefit from chin augmentation because it can reduce the appearance of the double chin, which is usually caused by a smaller chin bone.

There are some cases wherein the patient's bone from the jaw can be moved forward. This process is called mentoplasty or genioplasty.

Alternatively, chin reduction surgery can be used to reduce a prominent chin. This procedure entails removing excess bone for the chin to be contoured to the desired shape that is less prominent and more proportional to the rest of the facial features.

## What is Chin Implants?

These implants are made out of safe and pliable materials that come in different shapes and sizes to fit a person's facial structure and enhance symmetry and face contour.

Chin augmentation is just one type of surgery that can be done. Plastic surgeons can also recommend liposuction and chin reduction. Liposuction essentially removes the fat in the chin area.

The shape of a person's chin is always related to nose size. For example, a smaller nose might make the chin look prominent, whereas a larger nose might lead to the chin looking smaller. Because of this correlation, patients who are undergoing chin augmentation surgery often opt for rhinoplasty because both surgeries can be done simultaneously.

## What to Expect with Chin Augmentation Surgery

The plastic surgeon you are working with will typically order X-rays to determine what part of the chin he needs to perform the surgery. General anesthesia will be applied to numb the area during surgery, and you will not feel anything.

A small incision is made under the chin area or inside the mouth. The surgeon might use an implant made out of silicone or opt to use your body's fat or tissue. The whole procedure typically lasts between 1 to 3 hours. After the procedure, swelling is normal and can last up to a week.

## Chin Augmentation Consultation

When you are thinking about undergoing the knife for chin augmentation purposes, it is recommended to consult with a plastic surgeon. A board-certified and reputable cosmetic surgeon will evaluate your needs and full medical history to make the preferred recommendation for chin augmentation purposes.

Having a cosmetic surgeon who understands your needs and wants is essential because, in the end, you want to be satisfied with the result of the procedure.