

Necklift

Overview

A neck lift is defined as a set of cosmetic procedures that are used to enhance the features of your neck. This can be done by:

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- tightening and removing sagging neck skin
- removing excess fat
- sculpting/removal of excess fat from the lower jaw region and under the chin
- reducing the appearance of wrinkles



The results of a neck lift include a youthful and more defined-looking neck region.

Who Needs a Neck Lift?

Neck lifts focus on the skin and muscles of the neck; they are less complex in nature than a typical facelift or mini facelift. A neck lift may be the right cosmetic procedure for you if:

- You are just beginning to see the signs of aging and sagging on your neck

- You exclusively want to target the loose, sagging skin of your neck
- You've previously had a facelift but not worked on your neck area

Consulting with a board-certified plastic surgeon or trained healthcare professional can help you decide if a neck lift is correct for you. In general, neck lifts can address:

- Excess fat
- Sagging, excess skin
- Turkey necks

Is a Neck Lift Right For You?

A consultation with your doctor will include an evaluation of your current health, previous family history of disease, use of medicines, and your overall goals and desired outcome.

Treatment recommended will be based on the individual and can include non-invasive procedures or surgical ones such as a cervicoplasty or platysmaplasty, which removes the excess skin or neck muscles, respectively.

Treatment for a Neck Lift is Safe When Performed by a Board-Certified Plastic Surgeon

Common procedures for neck lifts include:

- **Radiofrequency (RF) Therapy**

An alternative to face and neck lifts, RF therapy is a non-surgical and non-invasive procedure that uses radio waves, which give off heat, to help tighten the loose or sagging skin on your neck.

- **Fillers**

Dermal fillers can be injected into your neck to improve the appearance of wrinkles.

- **Kybella injections**

This treatment removes excess fat from under your chin and helps sculpt your lower neck area.

- **Botox injections**

Recommended for patients who are experiencing "bands" or fullness on their necks. Botox injections help relax parts of the muscle that cause this feature to occur on your neck.

- **Platysmaplasty**

A surgical procedure, this neck lift removes or alters the muscles in your neck and is recommended for patients experiencing what is known as a turkey wattle.

- **Cervicoplasty**

This surgical neck lift removes excess skin on your neck. Depending on the complexity of your surgery, the procedure can take up to four hours, with recovery time taking over a week.